














A starter checklist to help you represent yourself in family or civil court

(This isn't a complete list, please expand and make it your own!)

✓	TO DO	DEADLINE
<input type="checkbox"/>	 Read – <i>So you're representing yourself</i>	
<input type="checkbox"/>	 Like and follow NSRLP Facebook page @NationalSelfRepresentedLitigantsProject	
<input type="checkbox"/>	 Set up electronic (or paper) calendar – use it!	
<input type="checkbox"/>	 Read – <i>A guide for SRLs with disabilities primer</i> (if appropriate, arrange for disability access)	
<input type="checkbox"/>	 Read – <i>Considering Mindfulness primer</i> (to increase focus and relieve stress)	
<input type="checkbox"/>	 Complete and file paperwork (Consider customizing this section to fit your unique situation)	
<input type="checkbox"/>	 Visit court registry before filing documents	
<input type="checkbox"/>	 Visit and observe a court hearing	
<input type="checkbox"/>	 Make templates of the court forms	
<input type="checkbox"/>	 Decide if I want a McKenzie Friend (court companion)	
<input type="checkbox"/>	 Explore whether I qualify for Duty Counsel or any other courthouse services	
<input type="checkbox"/>		
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